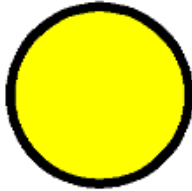




Family Child Care
Association

PRESENTS

Shaping A Better Tomorrow



BCFCCA Conference 2010

April 23, 24 & 25, 2010

**Harbour Towers Hotel and Suites
Victoria, BC**



BC Family Child Care Association

The professional organization of family child care providers in the province of British Columbia.

www.bcfcca.ca



CANADIAN
CHILD CARE
FEDERATION

FÉDÉRATION
CANADIENNE DES
SERVICES DE GARDE
À L'ENFANCE

CONFERENCE AGENDA

Friday, April 23rd, 2010

1:00pm	to	6:00pm	Registration
2:00pm	to	6:00pm	Mini Mart
3:00pm	to	5:00pm	Child Care Tours, Pamper Room Optional Tours – Legislative Building Tour
4:00pm	to	6:00pm	Hospitality Suite Open (snacks only)
5:00pm	to	6:30pm	Break Time (free time)
7:00pm	to	8:30pm	Keynote Address – Charlotte Diamond
8:30pm	to	10:00pm	Wine and Cheese
10:00pm	to	12:00am	Hospitality Suite Open

Saturday, April 24th, 2010

7:00am	to	9:00am	Registration
7:30am	to	9:00am	Breakfast – BCFCCA Annual General Meeting
9:00am	to	6:00pm	Mini Mart
9:30am	to	11:00am	Workshop 1
11:00am	to	11:30am	Break Time
11:30am	to	1:15pm	Lunch
1:30pm	to	3:00pm	Workshop 2
3:00pm	to	3:30pm	Nutrition Break
3:30pm	to	5:00pm	Workshop 3
5:00pm	to	6:00pm	Hospitality Suite Open
6:30pm	to	7:00pm	Cocktails – downstairs
7:00pm	to	8:30pm	Dinner
9:00pm	to	10:30pm	Entertainment – Don Hambley
10:30pm	to	12:00am	Dancing
11:00pm	to	2:30am	Hospitality Suite Open

Sunday, April 25th, 2010

8:00am	to	9:00am	Breakfast
8:00am	to	9:00am	Evaluations
9:00am	to	10:30am	Closing Address – Gary Anaka
10:30am	to	11:00am	Closing Remarks

FRIDAY, APRIL 23rd WORKSHOPS

3:00 PM TO 5:00 PM

F1 Child Care Tours

This workshop is always popular. It offers participants the opportunity of an informal setting to discuss ideas for childcare settings and programming in different childcare homes. The tour will strive to show different settings and guarantees that you will come away with ideas to incorporate in your setting. Southern Vancouver Island Family Child Care Association members are pleased to be able to open their childcare homes specifically for conference participants. Minivans will be arranged for those registered for this workshop. There will be a hostess in the main lobby organizing your tours.

This is an off-site workshop and participants are to meet in the Harbour Towers Hotel lobby at 2:45 pm where transportation will be provided for this field trip.

F2 Tour of BC's Parliament Buildings

Have you only seen the Parliament Buildings in pictures? Wonder what this magnificent building looks like on the inside? Join us for a very informative and historical tour on the purpose of the Legislative Assembly of British Columbia generally and on the role of Members of the Legislative Assembly (MLAs), as well as to highlight the splendour of the Parliament Buildings.

This is an off-site tour and you will be walking a few short blocks to the Parliament Buildings from the hotel. Please meet in the Harbour Towers Hotel lobby at 2:45pm where a hostess will take you to the tour location.

FRIDAY, APRIL 23rd KEYNOTE PRESENTATION

7:00 PM TO 8:30 PM

"The Song is Just the Beginning" with Charlotte Diamond

Songs and Teaching Techniques for Immediate Use to Enhance Curriculum and Get Everyone Moving!



Charlotte Diamond is an award winning performer, educator and recording artist who presents family concerts, education concerts, keynote presentations and workshops throughout Canada and USA. She is also a former teacher of preschool to High School Music and Languages. Her thirteen recordings for children and families have received numerous awards including a Juno Award for "10 Carrot Diamond", six Juno Award nominations, three American Library Association Awards and five Parents' Choice Awards.

Through her "easy to follow" P.R.I.Z.E. Method, Props, Rhythm (and Movement), Imaginative Play, Zipper and Echo Songs, Charlotte inspires educators of young children to take full advantage of songs for the development of music skills and general curriculum.

Songs are a great source of information: language structure, vocabulary, Science, Math, social situations and problem solving. Children love to repeat songs over and over! The song becomes a framework on which to build, expand on a theme, lead into a project or create a new song or story. "I'm a Pizza" becomes "I'm a Bubble" or "I'm a Guitar"...

Children are nurtured by singing and playing music together. Many of Charlotte's songs have been used extensively for children with special needs. Charlotte will show how some of her best known songs like "Labamba", "Four Hugs a Day", "I'm a Pizza (Je suis une Pizza)" and "Octopus or Slippery Fish" can be used in many ways.

Participation and creativity are encouraged. Be prepared to have fun and go back to your children refreshed with a "Song Bag" full of new ideas. Some songs are bilingual – English, French and Spanish.

Visit Charlotte's website for more information and music downloads.

www.charlottediamond.com

SATURDAY, APRIL 24TH WORKSHOPS

9:30 AM TO 11:00 AM

1A The Joy of Singing Leads to a Love of Language

Many songs are stories. Using Charlotte Diamond's PRIZE teaching method the words and phrases come alive and become part of a child's daily vocabulary. The workshop is very interactive, using props and visual aids such as song cards (Big Books) and puppets. Active participation and creative input are encouraged. As the presentation has some songs in Spanish/French the use of gesture and sign language allows for an easy flow from one language to another. The aim of the workshop is to demonstrate the importance of using songs and rhythmic word play to increase comprehension, speech fluency and communication skills.

Facilitator: Charlotte Diamond

Charlotte Diamond lives with her family in Richmond, BC. Born and raised in Vancouver, she has had a life-long interest in music. When her children came along, she began singing and writing songs for them and also developed a preschool music program in her community. This led to performances for her children's parent-participation preschool, which mushroomed into requests for workshops, school concerts and family shows around Vancouver and the province. Charlotte has many items for sale which can be seen at her website www.charlottediamond.com that she will be bringing with her to conference!

1B Rough & Tumble Play – The Good, the Bad and the Ugly

Many care providers struggle with children that appear to be aggressive and all they want to do is wrestle and fight. So, what do we do with those children? Do we nag them to death with words like "gentle hands" and "we don't play like that" or do we start to question our practice as educators? Is wrestling really a form of violence or physical release and sport?

This workshop will explore one centre's journey around rough and tumble play. Join Meagan in a n exploration and dialogue of fears many have with this type of play.

Facilitator: Meagan Brame

Meagan is the owner/operator of Saxe Point Daycare here in Victoria. She has her ECE, Infant/Toddler, Special Needs Certifications and Child and Youth Degree. She is a strong advocate for children and quality programs and she is a critical thinker about "best practice" with children.

Session 1B is sponsored by Victoria Child Care Resource and Referral

1C Basic Sign Vocabulary

Basic sign vocabulary helps promote language and social emotional development. Using signs can help reduce low language children's stress and frustration levels. It is appropriate for any age. This class focuses on 0 to 7 years. It is most appropriate for family child cares, group centres and preschools. This is a hands on class.

Facilitator: Kim Brown-McKoryk BA ECED

Kim Brown has been in the child care field for over 25 years and has been hard of hearing since 1988. She has her ECE/Special Needs and BA in psychology and has taught sign vocabulary for many years.

1D "Pamper Me" Room

Take this opportunity to sit back, relax and have someone pamper you in a large penthouse suite with a breathtaking view. Indulge in a **(1)** neck massage, **(2)** hand massage or **(3)** foot massage. Delegates must have appointments and need to indicate their choice of pampering services on their registration forms. In this time slot, for example, you would indicate "1D – 1 (for neck massage), "1D – 2 (for hand massage) or "1D – 3 (for a foot massage).

"Take Time to Pamper You!"

APRIL 24TH WORKSHOPS

1:30 PM TO 3:00 PM

2A Who Says Playing is Just for Kids

The wonderful folk of Spilt Milk Comedy Theatre will help to "FIND THE FUN" that exists in all of us! Learn valuable drama games and exercises that can be transferred directly to the classroom, the living room, heck to any room that needs a little light and levity! You need to make room for fun and creativity in your life. Play may be children's work, but its food for Grown-ups too! Push your boundaries; discover your inner giggles in a safe, relaxed and ultimately FUN environment. For educators of children of all ages.



Facilitator: Scott Fidyk, Spilt Milk Comedy Theatre Productions

2B Sing and Sign With Me

Singing and signing is an inclusive activity to do in any centre. It can help facilitate language development, and its fun! Come ready to learn some new songs to sing and sign with the children at your child care program.

Facilitator: Kim Brown-McKoryk BA ECED

Kim has been in the child care field for over 25 years and has been hard of hearing since 1988. She has her ECE/Special Needs and a BA in psychology and has taught sign vocabulary for many years.

2C Responsible Communication

Whether we are working with children or listening to a good friend, we have the opportunity to respond with care. This isn't something that you do once in a while when you have time but rather a conscious choice you can make most of the time. In taking this kind of responsibility, you develop emotional safety for those around you, deeper connections and a much more authentic way of being in the world. How is your ability to respond!

Facilitator: Dr. Allison Rees, LIFE Seminars Parent Educator and Family Counselor

Dr. Allison Rees has been teaching the LIFE Seminar courses since 1993. She has a humorous and down to earth approach that takes the guess work out of parenting and leaves parents feeling empowered. Allison is an inspiring speaker, family counselor, co-writer of LIFE Seminars, co-host of the Island Parent Radio show, on editorial board of Parenting Teens magazine.

2D How to Grow a Child's Brain

Is it possible to grow a child's brain? Definitely YES!!! Active living and learning builds the best brain. With the right conditions and appropriate support, the brain can grow to its fullest potential setting the path for life long learning. However, it takes years of well chosen experiences interacting with teachers, parents, elders and the community to wire the billions of complex neural circuits needed for – language, emotions, math, logic, etc. This optimistic presentation will demonstrate how to do this in a fun and interactive way. Learn priceless leading techniques and information from Neuroscience.

Caregivers, parents and children need to know – "If you don't use it, you'll lose it, EARLY!"

Facilitator: Gary Anaka Website: www.braincoach.ca

Gary is a Brain-Based Learning Specialist with over 30 years of teaching experience. He has presented professional workshops to thousands of caregivers, teachers and parents. He is a motivational facilitator whose engaging sessions have been called life changing, both professionally and personally. His mission is to support children to become life long learners.

2E "Pamper Me" Room

Take this opportunity to sit back, relax and have someone pamper you in a large penthouse suite with a breathtaking view. Indulge in a **(1)** neck massage, **(2)** hand massage or **(3)** foot massage. Delegates must have appointments and need to indicate their choice of pampering services on their registration forms. In this time slot, for example, you would indicate "2E – 1 (for neck massage), "2E – 2 (for hand massage) or "2E – 3 (for a foot massage).

"Take Time to Pamper You!"

SATURDAY, APRIL 24TH WORKSHOPS

3:30 PM TO 5:00 PM

3A The Food Connection – Improving Childhood Disorders Through Diet

This workshop will give information to professionals and parents about the important role food plays in our overall health and in particular for children with developmental disorders such as Autism, ADHD, Sensory Processing Disorder, Apraxia and other similar diagnoses. This information will include why diet is important, the medical evidence for the diet, how to make dietary changes and how the issue is relevant to care providers. Lori will provide tips and advice that will be pertinent to a child at home and at child care.

**Facilitators: Lori Briennes-Frank, Apples to Oranges Consulting www.applestoranges.ca
Dr. Jane Reside, ND**

Lori is the mother to a child with autism. Early on Lori discovered that diet made a significant and positive difference in her child's behaviours and autistic symptoms. Lori was so encouraged by the results she saw with her son that she now helps other families transition their child with autism to this special diet so they too can see the possibility of improvement for their child and family. She is currently training as a Certified Nutritional Consultant.

Jane has been a Naturopathic Doctor in Victoria for several years. She works with many different patients but has an affinity for children with developmental disorders such as autism and ADHD. Jane is currently entering into a new multi-practitioner clinic where she will be able to expand her services she provides to her patients.

3B Telling It How It Is! Supporting Young Children's Movement Skillfulness with Language

Poor motor skill development is associated with negative self-perceptions and a spiral of disengagement from physical activity. Evidence shows young children with more developed movement skills are more active. Expanding a child's movement repertoire includes developing both the actual skills and language associated with movement. This session offers playful activities that demonstrate how language promotes the development of motor skills and how movement can be a catalyst for expanding language.

Facilitators: Dr. Vivienne Temple, Associate Professor, School of Exercise Science, Physical and Health Education, University of Victoria.

Dr. Alison Preece, Department of Curriculum and Instruction, Faculty of Education, University of Victoria.

Dr. Temple is an Associate Professor in the School of Exercise Science, Physical and Health Education at the University of Victoria. Co-author of Healthy Opportunities for Preschoolers, Dr. Temple teaches and researches in the field of physical activity and motor development.

Dr. Alison Preece is an Associate Professor of Language and Literacy and is responsible for graduate programs in Early Childhood Education.

3C Your Nose is Growing

Learn how to tell better stories. Once upon a time there was a group called "Spilt Milk Comedy Theatre" who loved to tell stories, tall tales and the occasional white lie. They loved to tell stories so much that they wanted to show teachers, parents and the young at heart the same skills. So they tricked these folks into taking their workshop... These unsuspecting folk would come to the Spilt Milk Comedy Workshop ready to play, laugh, have fun, push some boundaries and say "yes" to new ideas. Little did they know that inside each of them was a wealth of creativity screaming to be free! They came, they screamed and they conquered. They told stories and laughed merrily until the cows came home, living happily after...

Facilitator: Scott Fidyk, Spilt Milk Comedy Theatre



3D Plain Language

Plain Language helps to get your message across in a clear manner. If you write or speak using the plain language principles, the recipient will understand your messages easily. Using plain language can help to increase productivity and the confidence for all involved. This session will address the things you need to be aware of when writing documents or presenting to groups so that you can deliver your ideas in an effective manner. Bring your documents/brochures and materials to the session so that you can apply the plain language principle and leave with "reader friendly" materials.

Facilitator: Natasha Raey, Raey Consulting

3E "Pamper Me" Room

Take this opportunity to sit back, relax and have someone pamper you in a large penthouse suite with a breathtaking view. Indulge in a **(1)** neck massage, **(2)** hand massage or **(3)** foot massage. Delegates must have appointments and need to indicate their choice of pampering services on their registration forms. In this time slot, for example, you would indicate "3E – 1 (for neck massage), "3E – 2 (for hand massage) or "3E – 3 (for a foot massage).

"Take Time to Pamper You!"

SATURDAY, APRIL 24TH ENTERTAINMENT

9:00 PM TO 10:30 PM

Entertainment – The Don Hambley Show <http://donhambley.com>

Don embarked on impressions at the age of 8, copying his favourite cartoon characters. Today the highlight of Don's show is his incredible singing range. You will hear Celine Dion, Elton John, Cher, Roy Orbison, Shania Twain, Tina Turner, and Johnny Cash, just to name a few.

Don takes great pride in writing his own clean comedy material, bringing to life some of the most memorable Actors, Comedians, and Television Personalities we've all enjoyed watching through the years. Laugh along with Ray Romano, Robin Williams, Jack Nicholson, Ozzy Osborne, Marge and Homer Simpson, Austin Powers, the list just goes on and on.

Don's present day repertoire is now over 700 voices. With so many characters to choose from, every show is unforgettably different. Don carefully designs each program to suit the age of the audience, and the theme of the event.

SUNDAY, APRIL 25TH GROUP WORKSHOP

9:00 AM TO 10:30 AM

Caring for a Caregiver's Brain

How can you care for young children if you don't have a brain to take care of yourself? Are you experiencing brain fatigue? Memory going? Are you living and working in a multi-tasking environment? If so, you may be experiencing accelerated brain aging. Your brain may be burning out early. The exciting new field of Applied Educational Neuroscience has meaningful answers for everyone. This practical presentation provides information and techniques to make your life and job easier. Find out what a healthy brain needs, what brain killers to avoid, how to make plasticity work for you every day and how to maintain brain wellness as you age. Gain the secrets of brain longevity to give you workable strategies for life long brain wellness. This energetic and lively session is filled with hope and optimism for your future. Find out how to use it before you lose it!

Facilitator: Gary Anaka, The Brain Coach www.braincoach.ca



CONFERENCE 2010 "Shaping A Better Tomorrow"



CONFERENCE REGISTRATION INFORMATION

Please mail registration form (with cheque(s) payable to SVIFCCA Conference 2010) to:

Shaping A Better Tomorrow Conference 2010
c/o 677 Kent Road
Victoria, BC V8Z 1Z2

Early Registration end February 28th, 2010

Late Registration ends April 1st, 2010

Two Methods of payment accepted:

- 3 post dated cheques – January 1st, February 1st, and March 1st, 2010 (see payment amount on registration form) or
- Full payment.

Registration will be done on a first come, first served basis. This is a professional development opportunity for family child care providers, we ask that children do not attend.

HOTEL ACCOMMODATION

Registration fees do not include hotel accommodation. A block of rooms has been reserved until March 15th, 2010 for conference delegates. **It is the responsibility of each individual to register and confirm the rooms themselves.** Be sure to identify yourself as a SVIFCCA Conference 2010 delegate and use the group folio number **19151**.

The spacious rooms will have 1 or 2 beds and can accommodate 1 to 4 persons.

Check the website at www.harbourtowers.com Harbour Towers Hotel and Suites is a 100% smoke free hotel.

For reservations call: Harbour Towers Hotel and Suites 1-800-663-5896 or 250-385-2405

Room Rates (not including any applicable taxes):

Standard Guest Room

\$ 84.00	Single or Double Rate
\$122.00	Quad Rate (up to 4 people)

Superior Ocean View Guest Room

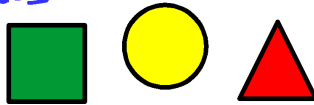
\$104.00	Single or Double Rate
\$142.00	Quad Rate (up to 4 people)

Parking fee of \$12.00 per day is waived for overnight hotel registered conference delegates.

There is some on street parking available around the hotel or you can use the hotel parking lot for a fee of \$5.00 per day.

For those delegates who are arriving via the airport there is a Airport Door to Door Shuttle Service that is available and can be arranged in advance or at the time of arrival. One way cost per person is \$18.00 or for a minimum of 4 people it is \$11.00 per person. For additional information please refer to www.victoriaairportshuttle.com.

Shaping A Better Tomorrow



Conference 2010 Registration Form

Name: _____ **Phone:** _____

Address: _____

City: _____ **Postal Code:** _____

Email: _____

Child Care Association/Society: _____

Workshop Selections

Session	Date	Time	1 st Choice	2 nd Choice	3 rd Choice
F	Fri., Apr. 23rd	3:00pm to 5:00pm			
1	Sat., Apr. 24th	9:30am to 11:00am			
2	Sat., Apr. 24th	1:30pm to 3:00 pm			
3	Sat., Apr. 24th	3:30pm to 5:00pm			

Meals

Please note that meals included in your conference registration include:

Friday: Wine and Cheese reception

Saturday: Buffet breakfast, lunch and dinner

Sunday: Buffet breakfast

___ Please substitute my meal for a vegetarian meal

___ Other special dietary restrictions, please specify

Please note: The conference Committee will do everything in their power to assure that special nutritional needs are met but do not assume any responsibility for meals served by the hotel.

Additional Saturday Evening Dinner and Entertainment tickets _____ X \$45.00 = _____

Registration Fees

Early Bird Registration – up to February 28th, 2010

BCFCCA Members - Post dated cheques (Jan, Feb and Mar 1st)

___ \$175.00 Weekend (\$60/\$60/\$55)

___ \$155.00 Saturday Only (\$55/\$55/\$45)

Non-Members – Post dated cheques

___ \$220.00 Weekend (\$75/\$75/\$70)

___ \$195.00 Saturday Only (\$65/\$65/\$65)

Late Registration – March 1st to April 1st, 2010

BCFCCA Members

___ \$195.00 Weekend

___ \$180.00 Saturday Only

Non-Members

___ \$245.00 Weekend

___ \$220.00 Saturday Only

Please note: BCFCCA membership (\$45 yearly) includes membership in the Canadian Child Care Federation. Refer to the BCFCCA brochure for registration form (note different mailing address for membership). If you are from South Vancouver Island, you will want to consider joining SVIFCCA, which also include membership to BCFCCA and CCCF.

Cancellation Policy: Refunds will be given for requests in writing before and no later than February 28th, 2010, less an administration fee of \$25.00. After that date **NO** refunds will be given. However, we will accept substitute delegate in writing prior to the start of conference.

NSF Cheques will be charged \$40.00

CONFERENCE 2010 T-Shirt Order Form

We will be taking orders for Conference 2010 T-Shirts with your registration there will not be a supply of shirts for sale at the Conference.



The t-shirts are a Ladies crewneck (round) and are 100% combed ring spun cotton and come in a size range Small to 2XL and will only be available in the colour white. The shirts will have the Conference 2010 "Shaping A Better Tomorrow" logo on the left chest, BCFCCA logo on the right sleeve and the SVIFCCA logo on the left sleeve. The logos will be printed on the shirts. These shirts are only available in white!

These shirts are form fitting and if they wish more info to email childcare@svifcca.com

WHITE ONLY!

The price for the **WHITE** Conference 2010 t-shirts are \$15.00 (includes tax). Please include a separate cheque made payable to SVIFCCA for your t-shirt order.

Name: _____					
Phone: _____					
Email: _____					
Size: (please circle size required)	SM	MED	LG	XL	2XL
WHITE ONLY!					
For Committee use only Order date: _____ Cheque #: _____ Order filled: _____ Initials: _____					